

ART, MUSIC & DANCE

174-01 DRAWING – Nina Cook

Starts 18 October, 9.30 – 11.30 am, 8 Wednesdays, \$68

In this course you will learn drawing fundamentals that will strengthen and complement your existing skill base. The aim is to grow both your knowledge and confidence and to assist in developing your individual style. Beginners are welcome, with the small class sizes allowing for some individual tuition. Nina is a working artist with substantial technical knowledge. She has taught drawing for over 13 years. Please bring a pad of A3 cartridge paper, 4B and 6B graphite pencils, a rubber, medium black charcoal pencil, and a soft white charcoal pencil. Some additional media may be required as the class progresses and you become more adventurous!

174-02 CONTEMPORARY ART IS NOT ABOUT DEMOCRACY - Warren Feeney

Wednesday 8 November, 7 – 9 pm, \$9

This introduction to contemporary New Zealand art argues that although art may outwardly entertain and pretend to flatter, its value resides in its seriousness, and ability to encourage reflection on what we know and believe, or think that we know or believe. This trip will include a visit to the Christchurch Art Gallery. Contemporary Art is not about Democracy discusses ways of considering and reconsidering our experience of the visual arts. Dr. Warren Feeney has written on the visual arts for more than 30 years and has an interest in all aspects of the arts and New Zealand's social and cultural histories.

174-03 ENGLISH COUNTRY DANCE - Nicola Rooney

Starts 17 October, 10.30 – 11.30 am, 8 Tuesdays, \$34

Published in 1651, The Dancing Mater was the first collection of English Country Dances. Editions of this book remained popular for nearly a hundred years, and the dances were mentioned fondly in Napoleonic and Victorian literature. In Britain at the turn of the twentieth century, English Country Dance saw a revival as a dance form. Anyone who enjoys music and moving to music can do this fun and social activity. It is easy to learn the choreography quickly, and the music is up beat! Comfortable shoes and clothing are recommended, come prepared for a few laughs. Nicola began ballet, jazz and improvised movement to music from a young age. She was introduced to English Country Dance at University where she joined the Medieval and Renaissance Society, and subsequently taught dance there for 13 year. Nicola is an itinerant music teacher, and as a hobby is currently studying and teaching Middle Eastern dancing.

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174-04 ISRAELI FOLK DANCING – Valerie Clements

Starts 18 October, 11.45 am – 1.15 pm, 8 Wednesdays, \$51

Israeli Folk Dancing is ideal for improving one's general well-being. It is good exercise for physical fitness and pleasurable, because of the lovely music and learning to move with it. As one concentrates and tries to remember the different movements, it shuts out the rest of the day, which is both relaxing and counters stress. There are different styles from different parts of the world, some vigorous and some gentle and graceful, but all dances are written for joyful occasions. Val has been dancing and teaching Israeli Folk Dancing for twenty two years and the pleasure hasn't faded. No partners required.

174-05 ITALIAN SINGING - Claudia Lues

Starts 19 October, 12.15 – 1.15 pm, 8 Thursdays, \$38

When you think of Italy, surely good food and music come to mind. Learn to sing beautiful Italian songs, both modern and classics, and learn the language at the same time. Claudia is Italian and grew up with a love of her culture and its music. She has conducted and sung in choirs and has been familiar with the stage throughout her life. She would love to share her passion of Italian music with you, let your heart sing for an hour and be transported to ITALIA. Ciao!

174-06 PRACTICAL ARTY THINGS TO DO WITH CHILDREN DURING THE HOLIDAYS AND ON LONG AEROPLANE TRIPS - Diane Swain

Starts 6 November, 10 am – 12 noon, 4 Mondays, \$50

This should be a fun course for parents and grandparents who travel on long plane trips with small children and also for school holiday activities using stuff you have around home plus a few extras cheap and easily obtained. Please bring an old shirt to wear and \$10 towards the cost of materials used. Diane is an involved grandmother, who has brought pre schoolers back from Europe and entertained older ones for holidays. She taught Art in schools and at The Art Gallery.

174-07 PRINTMAKING - Diane Swain

Starts 6 November, 1 – 3 pm, 4 Mondays, \$34

This course aims to develop your ideas for prints through drawing and experimenting with your printmaking techniques in relief prints, especially woodcuts and polystyrene prints and also mono prints . A basic understanding of printmaking would be useful but not necessary. Beginners are welcome. We will supply a press, some inks, tools, plates/blocks, other materials and papers. Please give the tutor \$15 towards the cost of these materials and bring an old shirt and a 4B or 6B pencil. Diane was formerly an HoD of Art and Art History in Christchurch High Schools and an Education Officer at the Christchurch Art Gallery where she guides and occasionally teaches.

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174-24 RECORDER FOLLOWUP – Roger Buckton

Thursday 23 November, 1.30 – 3.30 pm, \$9

Get the dust off those recorders! This is an opportunity to join those members who have just completed the basic recorder course for some simple ensemble playing. Music will be graded according to skill levels of those enrolling. Players of descant, treble, tenor and bass recorders welcome. Basic music reading skills highly desirable.

174-08 SINGING FOR PLEASURE – Claudia Lues

Starts 19 October, 11 am – 12 noon, 8 Thursdays, \$38

Claudia loves to share her passion for music with everyone who loves to sing. From the music of the past to the present we cover all genres; sing along, swings, musicals and movies, ballads, classics and even a few jazzy songs. Come and have some fun and forget about your worries for an hour. Singing improves your mental and physical health making you happy and energized. See you there!

CANTERBURY SPECIFIC

174-09 OUR ARTS CENTRE - UPDATE ON ITS RESTORATION - Susan Henson

Wednesday 1 November, 1 – 2 pm, free

7 Years on restoration is continuing on many buildings including the Arts Centre. Some of it is complete but how is the rest going. Susan Henson is part of the team working on this very important part of Christchurch being reborn.

ECONOMICS

174-10 THE SYSTEMS SCIENCE: SCIENCE WITH A HEART - Victor MacGill

Starts 16 October, 7.30 – 9 pm, 6 Mondays, \$38

Science usually assumes a world full of separate objects and says if you understand the parts, you understand the whole. Systems sciences step back and look at the whole picture and ask about the relationship between the parts. How are they connected? This different, but well established and rigorously researched approach to science opens many possibilities for understanding the world in a new way. If love is the manifestation of connection in our lives: within ourselves, with others, and with our environment, then the systems sciences become science with a heart. The systems sciences are actually a coherent collection of theories and concepts. That's why we talk of systems sciences. It includes ideas such as chaos, complexity, cybernetics, tipping points, butterfly effects, six degrees of separation, and boundary critique. The systems sciences have applications from the microscopic world of cells through to the macroscopic galaxies. They can also give us helpful insights into our personal and social lives. And then they also include computer systems, communications systems, ecological and economic systems and so much more. Victor MacGill has a PhD in complex systems. He has

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attended and presented papers at more than 10 international systems conferences and has eight published papers in systems journals and authored two books.

LANGUAGES & LITERATURE

174-11 INTRODUCTORY LATIN – Andrew Moore

Starts 3 November, 10 – 11.30 am, 5 Fridays, \$32, no class Show Weekend

A course outlining the structure of the Latin language – the formation of words and how their function in a sentence is indicated by their endings. It caters for both beginners and those looking to refresh previous experience. Basic grammar will be covered, which will provide understanding of why we use words as we do. The course will also demonstrate the origin of many English words. Andrew completed a B.A. (Hons) degree, in Classics, at the University of Canterbury in 2009 and is currently teaching Latin at Kirkwood Intermediate School.

174-12 ADVANCED LATIN – Andrew Moore

Starts 3 November, 1 – 2.30 pm, 5 Fridays, \$32, no class Show Weekend

This course aims to build on the foundations laid down in the Introductory Latin courses last year. It will examine some texts by prominent Roman authors and poets, and provide practical exercises using the translation techniques already learned, in order to demonstrate how the language was used in everyday Roman life.

174-13 CREATIVE WRITING - FICTION – Helen Hogan

Starts 18 October, 10 am – 12 noon, 8 Wednesdays, \$68

In this course students study the short story genre by reading to each other the stories they write and, through discussion, consider the many aspects and varieties of the form. The course is intended for people who have already found pleasure in writing and want to build on and extend existing skills. Helen Hogan is a writer and teacher.

TE REO MAORI: An eight-week introductory course in Maori language and customs is being offered by Risingholme Community Centre in three different locations. This evening course (6.30 – 8.30 pm) has a strong focus on speaking and understanding spoken Te Reo Maori. It is aimed at providing beginners with knowledge of basic greetings to more complex sentences. The class will also provide an opportunity for the more advanced to support the beginners and practice and increase their skill in speaking, listening and understanding. Waiata (songs), tikanga (culture), karakia (prayers) and mihi (introductions) will be covered together with oral/aural and reading/writing skills. The course starts on Tuesday 17 October at Christchurch Girls' High; Wednesday 18 October at Riccarton High School or Thursday 19 October at Shirley Boys' High School. For further information contact Risingholme Community

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Centre, phone 332 7359; email: info@risingholme.org.nz or go online to: risingholme.org.nz

174-14 PLAY READING Group meets Thursdays 10 am – 12 noon \$3 donation
Phone Caroline 351 7375 for more information

BOOK DISCUSSION SCHEME (FWEA)

If you enjoy reading and want to join an existing book group or start up your own, the FWEA Book Discussion Scheme is the place to start! We lend out sets of more than 800 titles, from non-fiction to the latest page-turners. Groups read the same book and receive discussion notes to help get the conversation going. \$60 for 10 books a year; student and half-programmes also available (\$45/\$30). Website www.bds.org.nz Email: bds@bds.org.nz or phone us on 365 6210.

LIFESTYLE

174-15 ARMCHAIR TRAVEL – various speakers

Starts 19 October, 10.30 – 11.30 am, 8 Thursdays, \$33

19 Oct **Alaska, Vancouver and Seattle** - Nevin Topp

26 Oct **Crossing the Empty Quarter - the Rub Al Khali - from Salalah in Oman to Doha in Qatar** - John Smith

2 Nov **Wild flowers of Western Australia** - Andy Blaikie

9 Nov **Travelling as the locals do, no agents and using the internet** – Maria Brooks

16 Nov **Mediterranean tour and travel by Wheelchair** – Helen Hogan

23 Nov **Mediterranean tour and travel by Wheelchair part 2** - Helen Hogan

30 Nov **Galapagos** - John Thacker

7 Dec **Venice and Slovenia** - Nick and Lynn Liddle

174-16 MAH JONG - Tuesdays, 10 am - 12 noon, \$3 donation

This fun and challenging game continues every Tuesday. If you have your own set please bring it along, otherwise just come along and join a bunch of friendly people having fun. **Beginners welcome.**

174-17 TAI CHI QIGONG AND HARA BODY ALIGNMENT - Geraldine Parkes

Starts 17 October, 1.30 – 2.30 pm, 8 Tuesdays, \$40

Tai Chi was developed from Qigong, which has always maintained the aim of health of well-being. Thousands of Forms of Qigong have developed over the last 5000 years in China. Qigong uses easy to learn movements to guide the mind to draw in and replenish Qi. The movements increase flexibility, balance and co-ordination, the Qi heals and energies, and the whole activity brings deep relaxation and a calm and focused mind. Hara refers to an area of power within the physical body that contains the Tan Tien - your core or centre of gravity. This is also a falls prevention programme. All welcome, limited numbers so enrol early.

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LOCAL ENVIRONMENT ISSUES

174-18 MANAGEMENT OF THE LAND AFTER THE FIRES – Professor Derrick Moot Monday 4 December, 10 – 11.30 am, gold coin donation

What happened when the flames died down on the Port Hills and what lessons can we learn for their future management. Professor Moot will discuss the impacts of the fire on the vegetation and future farming on the Port Hills. It may look green up there but is all green good?

PHILOSOPHY & CULTURAL STUDIES

174-19 HUMAN NATURE, NURTURE OR NEITHER - Michael Couch Starts 18 October, 10 am – 12 noon, 8 Wednesdays, \$68

What is it to be human? Capable of art of breath-taking beauty, of medieval torture chambers, of acts of deep kindness towards strangers, and of mass genocide. Is there such a thing as good or evil human nature? Are we creatures of primarily reason or passion? Or selfishness or free expression? This discussion-based course explores the ideas and assumptions of at least 8 major philosophers and their intellectual impact on society.

174-20 LUTHER AND LLOYD - TWO SHOCKING HERETICS - Rodney Routledge Starts 24 October, 1 – 3 pm, 6 Tuesdays, \$50

This year marks the 500 anniversary of Martin Luther nailing his 95 theses to the church in his German parish of Wittenberg (October 31st. This year also celebrates the 50th anniversary of the heresy trial of Lloyd Geering. This course will examine the huge impact these two men caused in their time noting their significance for today. Attention will be drawn to the common themes in the life and work of these two men.

PERSONAL DEVELOPMENT

174-21 HELPING CHILDREN (3 - 6 YEARS OLD) DEVELOP SELF CONTROL – Cathie Edwards

Saturday 18 November, 9.30 am – 12 noon, \$15

Increasing children's self control has a profound impact on their lives as adults, as seen in the Dunedin Multidisciplinary Health & Development Study. It found that independent of social class, race and intelligence, children with lower self control ended up as adults more likely to have lower education and lower paying jobs, and more likely to commit crimes, have drug and alcohol problems and be single parents.

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POLITICS

174-22 THE UNRAVELLING OF UNITED STATES POLITICS - Grant Pheloung

Starts 30 October, 10 – 11.30 am, 4 Mondays, \$34

Donald Trump is now President but the political system in the US is strained.

This class will discuss what the issues are which are challenging the political system and how it is dealing with them.

POP UP SERIES continues

In Term 3 we began a series of "Pop-up courses or discussions". These were sometimes in the day but also in the evening and proved very popular as an alternative or addition to our normal programme. Building up the complete programme involves a lot of forward planning and some things are not quite as easily contained in that model so we plan to continue with this more flexible option as well as the standard programme.

The Pop up series will be advertised on our website, Facebook page and in flyers and leaflets around the building. You will be able to book online, or by emailing or phoning us or coming in and having a talk about joining in.

If you would like to be notified when new courses are confirmed please either call us on 366 0285 or email admin@cwea.org.nz and we will be in touch.

SCRABBLE PLAYERS: If you are interested in joining others to play scrabble here please let us know. We have not confirmed a day or a time so please contact us to let us know your preferences.

NEW BRIGHTON COURSES – please enrol at the WEA

174-23 TAI CHI, QIGONG & HARA BODY ALIGNMENT – Geraldine Parkes – at Union Parish Hall, cnr Collingwood & Union Sts, enrol at the WEA

Starts 16 October, 1.45 – 2.45 pm, 7 Mondays, \$35

Tai Chi was developed from Qigong, which has always maintained the aim of health of well-being. Thousands of Forms of Qigong have developed over the last 5,000 years in China. Qigong uses easy to learn movements to guide the mind to draw in and replenish Qi. The movements increase flexibility, balance and co-ordination, the Qi heals and energises, and the whole activity brings deep relaxation and a calm and focused mind. Hara refers to an area of power within the physical body that contains the Tan Tien- your core or centre of gravity. This is also a falls prevention programme. All welcome, limited numbers so enroll early.

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Tai Chi at New Brighton can still be booked via our website but Sit and Be Fit is now managed by St Faiths Church, 46 Hawke Street, New Brighton. Email stfaiths1@gmail.com or phone 3889118.

Sit and Be Fit: Exercise while sitting down in friendly company, is held on Monday mornings in the St Faiths Hall. The cost is \$4 per session or \$24 per term. For details contact St Faiths.

WEA CLUBS

WEA FIELD CLUB

An established group to encourage outdoor activity and the enjoyment of natural history and the beauty of the countryside. Monthly trips on 3rd Saturday. Phone Barbara, 355 2040.

WEA OUTDOOR PAINTING CLUB

Meets Saturday mornings at previously arranged painting places. Programme displayed at WEA Centre or by mail. Phone Jeanie 420 1527.

WEA NORTH WEST BRANCH

Meets at Chapel St Church Hall, cnr 78 Harewood Rd & Chapel St. Fridays 10 - 11.30 am. \$4 per session. A variety of tutors speak on a wide range of topics. For full programme details phone Jan 351 9796.

GENERAL INFORMATION

THE CWEA established in 1915, is a non-profit, voluntary, adult education association which aims to provide education for personal growth and towards the establishment of a just and equitable society. The CWEA strives to provide affordable courses of a high standard that encourage discussion and respond to ideas and events in the community.

Venue: All courses held at the WEA Centre, 59 Gloucester Street, unless stated.

Office hours: Monday to Friday: 9.30 am - 3 pm. Phone: 366 0285
Email: admin@cwea.org.nz Website: cwea.org.nz

Changes: WEA reserves the right to alter any of the published arrangements either before or during a course, or to cancel a course.

Course material: A small charge, payable by arrangement with the tutor, will be made for photocopied notes or materials where it is not part of the course fee.

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Payments: Online registration for courses allows immediate enrolment via payment by Credit card/PayPal. You can also register online and pay via internet banking/cheque/cash. These payments need to be approved and funds received before enrolment is confirmed. Cash, cheque and EFTPOS payments are accepted at the office. Credit cards are ONLY accepted via online registration. **Receipts** are only sent if requested and require a stamped self-addressed envelope. Your enrolment has been accepted unless you are informed otherwise.

Refunds: We regret refunds are not issued except where a course is cancelled by us. WEA cannot accept responsibility for changes in personal circumstances.

Parking: Sorry - **no parking** on WEA premises except for tutors, or those with a mobility card who have arranged a space with the **WEA** office. Please also phone to arrange wheelchair access.

Fee reduction: Applications on grounds of hardship will be considered.

Membership: Annual: Individual \$15, Family \$25, Affiliate \$30, and Life \$200.

Members' concession: WEA members are entitled to a \$2 discount per course.

Holidays: Usually no classes will be held Easter weekend (including Easter Tuesday), Anzac Day, Queen's Birthday weekend, Labour weekend and Show weekend (including Thursday evening of Easter and Show weekends).

Donations are tax deductible.

Complaints: Minor complaints about any aspect of the services provided by the CWEA to be made to the Coordinator. More serious complaints to be made in writing to the CWEA President.

Privacy Concerns: The CWEA recognises the importance of privacy of personal details. We expect that people who attend our courses or use our facilities including our WIFI will respect and agree to the terms and conditions we impose. By enrolling at the CWEA you are accepting our terms and conditions.

WIFI Conditions of Use: Wifi access is provided for some courses and a Conditions of Use form must be completed to gain access to the password.

The CWEA appreciates the support of the Rata Foundation
and the Christchurch City Council

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